



ISMTE
INTERNATIONAL SOCIETY
for



MENTAL TRAINING and EXCELLENCE

was founded 1989 in connection with the ISSP World Congress in Singapore.

The 1st World Congress was held in Örebro, Sweden, 1991, organized by Lars-Eric Uneståhl.
 The 2nd in Ottawa, Canada 1995, organized by Terry Orlick and
 the 3rd in Salt Lake City 1999, organized by Keith Henschen.

This is an invitation to the
4th World Congress of
MENTAL TRAINING AND EXCELLENCE
in St. PETERSBURG, RUSSIA 5-10 JULY 2003

organized by

- the Research Institute of Physical Culture, University of St Petersburg
- the Lesgaft Academy of Physical Culture, University of St Petersburg
- Technological University of St Petersburg

President: Prof. Pavel Bundzen, Ph.D., D.M.S.

July 5-6-7: Papers, Posters, Seminars, Panels • July 8-9-10: Workshops

Early Registration (Congress fees to be paid later), Papers, Posters and Proposals
 for Seminars and Workshops are sent to:

ISMTE WORLD CONGRESS, Research Institute of Physical Culture, Dynamo Ave. 2,
 197042 ST. Petersburg, Russia

Fax: +7-812-5427054 or +7-812-1648369 • E-mail: ISMTE.wc@mail.admiral.ru

I hereby express my interest to take part in the 4th ISMTE Worlds Congress in MENTAL TRAINING
 AND EXCELLENCE in St Petersburg, Russia, July 5-10, 2003.

Name _____ Tel _____

Profession/Position _____

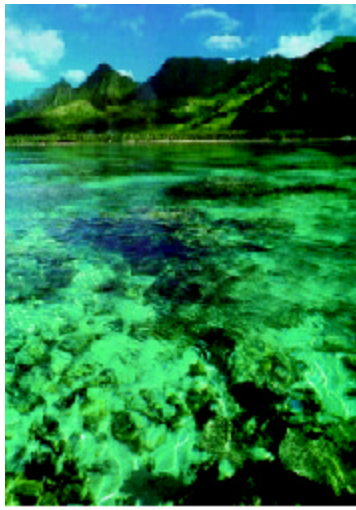
Address _____

Fax _____ E-mail _____ Homepage _____

I should like to contribute to the program with a paper poster workshop

With the following title _____

Additional messages or questions _____



The International Society for Mental Training and Excellence

together with

The Asian CET – Center for Excellence Training
and

The National Sports Institute of Malaysia

are pleased to invite you to the

MENTAL TRAINING ACADEMY

in Malaysia 30/6 – 4/7 2002



- The Academy will be held at the National Sports Institute in Kuala Lumpur.
- Preceding the Academy excursions to Langkawi, Vietnam, Cambodia and Borneo (jungle tour) will be organized. Some post-Congress workshops will be organized July 5 and 6 at the paradise island of Tioman (the venue for the film "South Pacific"). For those who want to take part in the World Congress in Applied Psychology in Singapore, July 7-12, transportation from Kuala Lumpur and Tioman Island to Singapore will be organized.

The Congress fee: 275.00 US (before Jan 1 2002) and 350.00 US after Jan 1, 2002, includes the Congress, Sightseeing, Lunch and Refreshments every day, Welcome Reception and Farewell Dinner.

Lodging: at the National Institute: 25.00 US dollar/night (twin sharing with breakfast)

Hotel nearby: 45.00 US dollar/night (twin sharing with breakfast)

Hotel in Tioman: 100.00 US dollar (twin sharing)

REGISTRATION sent to Michel Gagne,

National Sports Institute of Malaysia

A-12-1C Endah Regal

Sri Petaling

57000 Kuala Lumpur

MALAYSIA

Tel: 603-9058-1877

Fax: 603-9058-7244,

E-mail: michel_gagne@skyquestcom.net

Homepage:

<http://www.reach4me.com/AsianCET>

I HEREBY WANT TO REGISTER TO THE MENTAL TRAINING ACADEMY IN MALAYSIA JUNE 30 JULY 4, 2002

Name _____ Tel _____

Profession/Position/Workplace _____

Address _____

Fax _____ E-mail _____ Homepage _____

I am interested of pre-Congress visit to (underline):

1. Langkawi 2. Vietnam 3. Cambodia 4. 2-3 5. The jungle tour in Borneo
6. The post-Congress workshops in Tioman 7. Attend Congress (Singapore) July 7-12

I am interested of research and application of Mental Training in:

1. Sport (which) _____ 2. Performing Arts 3. Health & Clinical Areas
4. Schools and Education 5. Business 6. Other

I want to contribute to the Academy program with the following:

Paper Poster Workshop (if - e) _____

Questions, Comment etc.
