

contents

Preface: where are you taking me?	ix
Acknowledgments	xi
The magic realm of play	3
Finding and creating your own play equipment	11
Cooperative games for the tiniest tots	21
Games for children three through seven	37
Games for children eight through twelve	57
Games for teen-agers and young adults	85
Lessons from the Arctic: Inuit games	105
Play among aboriginal children: games from Papua New Guinea	125
More co-op games from other cultures	147
Developing and presenting co-op games, programs, and playdays	169
Cooperative innovations	187
Party and other inside games	201
Games for children eight through twelve	57
Games for teen-agers and young adults	85
Lessons from the Arctic: Inuit games	105
Play among aboriginal children: games from Papua New Guinea	125
More co-op games from other cultures	147
Developing and presenting co-op games, programs, and playdays	169
Cooperative innovations	187
Party and other inside games	201
Cooperative parachute and earth ball activities	207
Moving on	231
Appendix A. Growing up sane: thoughts on raising healthy children	235
Appendix B. Alternative hockey	242
Appendix C. The second annual grapefruit cup	246
Resources	248
Photography credits	256
Index	257